Welcome · Bienvenue · Pjila’si

Explore an 18-km trail network on foot or bicycle “where the bay runs far up” in central Colchester County, Nova Scotia.
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Explore We’kwampekitk, the Mi’kmaq name for the Truro area, which means “the bay runs far up”. This 18 km walking and cycling trail is located at the head of the Bay of Fundy, in central Colchester County.

The Cobequid Trail passes through a diversity of landscapes and habitats. Follow the rail trail between Old Barns and Truro, along the beautiful Cobequid Bay with salt marsh and mudflats, and the tidal Salmon River. Time your visit to see the tidal bore. Pass by marshlands and farms along the route. In Bible Hill and Valley, explore shaded brooks, hemlock ravines and woodlands of the Acadian Forest. Along the trail, watch for wildlife including Bald Eagle, Osprey, songbirds, migrating shorebirds, fox and deer.

Looking for more things to see and do? Drop in and talk to the friendly staff at the Visitor Information Centre at the Fundy Discovery Site. FundyDiscovery.ca

Explore the tidal landscapes of the Cliffs of Fundy UNESCO Global Geopark. FundyGeopark.ca

Discover rich culture and heritage, unique culinary tastes, breathtaking nature, adventure activities, and family fun. ExploreCentralNS.ca

Multiple trailheads, with parking and trail information kiosks, provide easy access to the trail.

- Old Barns trailhead, 919 Shore Road, Old Barns
- Cobequid Bay Lookoff trailhead, 3471 Highway 236, Lower Truro
- Lower Truro trailhead, 4057 Highway 236, Lower Truro
- Fundy Discovery Site trailhead, 103 Tidal Bore Road, Lower Truro
- Will-Kere trailhead, 105 Lower Truro Road, Lower Truro
- Truro trailhead, 202 Willow Street, Truro
- Bible Hill Rec Park trailhead, 64 Guest Drive, Bible Hill
- Eagle Crest trailhead, 39 Warren Drive, Bible Hill
- Farnham Brook trailhead, 36 Village Court, Bible Hill

Bike repair station locations
- Old Barns trailhead, 919 Shore Road, Old Barns
- Fundy Discovery Site, 103 Tidal Bore Road, Lower Truro

What’s in a Name?
The Mi’kmaq call Cobequid Bay We’kopekitk, meaning “end of the flow”. The Acadian name for the area was Cobeguit. The Mi’kmaw word awti’j means “path, trail”.

Bring your best friend along! All dogs are welcome on the Cobequid Trail—they must be on a leash at all times. Owners are responsible to clean up after their animals.
Calchester By-law 35
Truro By-law B160-014

colchester.ca/cobequid-trail